



HEALTH PROFESSIONAL FORM

ALS PATIENT CARE DATABASE



Physicians or their designee should complete this form for each ALS patient at routine visits. Start with the visit at which you first enroll the patient and repeat at routine follow-up visits. If the patient has expired or the diagnosis of ALS has been ruled out, please complete the ALS Patient Care Database: Completion Form.

1. Patient ID

2. Clinic/Site ID

3. Physician ID

4. Exam date (month/day/year)

 / /

5. Patient weight

 lbs. kgs. not done

6. Is this the first time you have filled out this form for this patient?

Yes No If Yes, complete questions 7-11. If No, go to question 12.

Diagnosis: Complete only at enrollment visit

7. Onset of ALS symptoms

 /
Month Year

8. Date ALS diagnosed

 /
Month Year

9. Surgery since ALS symptom onset (check all that apply)

- Lumbar spine surgery Peripheral nerve surgery
 Cervical spine surgery None

10. Type of ALS?

- Sporadic Familial

11. Region of initial site of diagnosis:

- Bulbar Cervical Thoracic Lumbar

Assessment: Complete at every visit

12. Atypical features insufficient to rule out ALS to date (at enrollment visit) or since the last ALS form was completed (at follow-up visits) (check all that apply):

- None Extrapramidal features
 Bladder dysfunction Cognitive change
 Sensory dysfunction Ataxia
 Autonomic dysfunction Other

specify: _____

13. Region(s) affected by ALS (check all that apply):

| | UMN | LMN | EMG Confirmed |
|----------|-----------------------|-----------------------|-----------------------|
| Bulbar | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Cervical | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Thoracic | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Lumbar | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

ALS Functional Rating Scale (see back of page)

14. ALS Functional Rating Scale

| | 4 | 3 | 2 | 1 | 0 |
|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. Speech | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. Salivation | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. Swallowing | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. Handwriting | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. Cutting food | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6. Dressing and hygiene | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. Turning in bed | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8. Walking | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9. Climbing stairs | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10. Dyspnea | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11. Orthopnea | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12. Respiratory insufficiency | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Current Management: Complete at every visit

15. El Escorial Diagnostic Criteria (see back of page)

- Suspected Probable Definite
 Possible Lab-Supported Probable

16. Is the patient enrolled in a controlled clinical ALS trial? (includes expanded access programs.)

- Yes No Specify trial name: _____





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Which of the following interventions have been used to date (at enrollment visit) or since the last ALS form was completed (at follow-up visits)?

- 17. Medications for ALS (listed alphabetically)** Yes No
- a. Creatine Yes No
 - b. Gabapentin Yes No
 - c. High-dose Vitamin E (>1000U/day) Yes No
 - d. Non-traditional medications Yes No
 - e. Other high-dose vitamins or antioxidants Yes No
 - f. Riluzole Yes No
 - g. Other prescription medications Yes No
- specify: _____

- 18. Therapeutic interventions** Yes No
- a. Ankle-foot orthosis (AFO) Yes No
 - b. Cane Yes No
 - c. Walker Yes No
 - d. Wheelchair for long excursions Yes No
 - e. Total dependency on wheelchair Yes No
 - f. Head or neck support Yes No
 - g. Communication device: low tech Yes No
 - h. Communication device: computer Yes No
 - i. Paid attendant (e.g. for ADL needs) Yes No

Respiratory Support: Complete at every visit

19. Vital Capacity (VC or FVC - highest value): not done

% predicted liters .

- 20. Respiratory interventions** Yes No Declined
- a. NPPV (e.g., BiPAP) * Yes No Declined
(non-invasive positive pressure ventilator)
 - b. Suction Yes No Declined
 - c. In/exsufflator Yes No Declined
 - d. Other non-invasive respiratory assistance Yes No Declined
 - e. Tracheostomy alone Yes No Declined
 - f. Tracheostomy with Ventilator Yes No Declined
 - g. Other Yes No Declined
- specify: _____

* If Yes to 20a, please complete question 21

21. Indicate time on NPPV

- Night only
- Night and part of day
- Full time

22. Does the patient currently have any of the following indications for respiratory support? (Check all that apply)

- a. Dyspnea Yes No
- b. Excessive daytime sleepiness Yes No
- c. Nocturnal awakenings Yes No
If Yes, avg. # per night
- d. Morning headaches Yes* No

* If Yes, please complete questions 23-25

23. Have you recommended NPPV? Yes No

If No, skip to question 26.

If Yes,

- a. Date of recommendation /
Month Year
- b. FVC or VC value at the time of recommendation
% predicted liters .

24. Was invasive (i.e., tracheostomy) ventilation discussed as an elective procedure? Yes No

25. Were advanced plans for withdrawal of ventilation discussed? Yes No

Nutritional Support: Complete at every visit

Which of the following interventions have been used to date (at enrollment visit) or since the last ALS form was completed (at follow-up visits)?

- 26. Feeding modalities** Yes No Declined
- a. Enteral nutritional support Yes No Declined
 - b. Other Yes No Declined
- specify: _____

27. Does the patient have any of the following indications for enteral nutritional support? (Check all that apply)

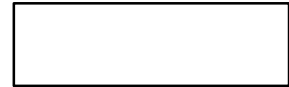
- a. Dysphagia Yes No
- b. Significant weight loss Yes No
- c. Declining pulmonary function Yes No





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If the patient already has a feeding tube, or has no indications for a feeding tube, please go to question 30

28. Have you recommended a Feeding Tube?

Yes No

a. If Yes, date of recommendation /
Month Year

b. FVC or VC value at the time of recommendation
% predicted liters .

29. Was a Feeding Tube inserted?

Yes No

a. If Yes, date of insertion /
Month Year

b. FVC or VC value at the time of insertion
% predicted liters .

Comorbid Conditions: Complete at every visit

30. Ask the patient which of the following ALS-related conditions have been experienced to date (at enrollment visit) or since the last ALS form was completed (at follow-up visits)? (Check all that apply.)

- None
- Traumatic injury
- Aspiration
- Pain
- Depression
- Anxiety
- Disturbed sleep
- Fall
- Choking
- Pneumonia
- Pulmonary embolism
- E.D. visit(s)
- Hospital admission
- Contracture(s)
- Decubiti
- Pseudobulbar affect
- Frozen shoulder
- Other

specify: _____

31. Does the patient have or has the patient ever had:

- a. Menopause or surgical removal of both ovaries
 - No
 - Yes and receiving hormone replacement therapy
 - Yes and NOT receiving hormone replacement therapy
 - Not applicable
- b. Thyroid disease
 - No
 - Hyperthyroidism
 - Hypothyroidism

32. To date, which of the following areas covered by the American Academy of Neurology's ALS Practice Parameter have you implemented and/or discussed with this patient?

- Breaking the news
- Symptomatic Management
- Enteral nutritional support and PEG insertion
- Palliative care/end-of-life issues
- Respiratory interventions

